



The Al-Rashid Youth Club is proud to announce its weekly Ball Hockey Program. This year promises to be filled with the 3 F'S....fun, fitness, and friends! The gymnasium of the Canadian Islamic Center will be the venue for this season! It is located at 13070-113St. Edmonton, AB, T5E 5A8

Children from the ages 12-18 are invited to come on out and enjoy the great game of Ball Hockey. The only pre-requisites are sportsmanship and enthusiasm! Although physical skills like passing, shooting and stick-handling will be taught, the greatest lessons learned will be teamwork, dedication, and sportsmanship. These skills; unlike the physical ones won't deteriorate with time, instead they will only make our youth stronger.

The Ball Hockey program exists to promote the sport of ball hockey and provide a paramount ball hockey experience to the many children and youth. The program has been designed to promote and reward sportsmanship, work ethic, and team work in the safest possible environment. The Ball Hockey program ensured there is a place in the program for anyone regardless of gender, race, ball hockey experience, skill level, or special need.

None of our kids, parents, or volunteers will make any money from this....the only thing they will make are lasting memories!"